



"Poor oral hygiene leading to dental infections could contribute to adverse medical outcomes...

... In this context, the maintenance of oral health should receive the highest priority for the maintenance of a healthy life."

Walter J. Loesche DMD, PhD

**If you are interested in oral health care service, please complete and send the following, or call us:**

Resident requiring care: \_\_\_\_\_

Location: \_\_\_\_\_

Substitute Decision Maker:  
Name: \_\_\_\_\_

Address: \_\_\_\_\_

PC \_\_\_\_\_

Telephone: (    ) \_\_\_\_\_ - \_\_\_\_\_

Consent for Treatment: \_\_\_\_\_

Witness: \_\_\_\_\_

Date: \_\_\_\_\_

**Plans and Fees**

**Initial Assessment Fee:** \$75-\$125  
Family/Caregiver Education available at an additional cost.

**Weekly Visit:** \$30/week

**Bi-Monthly Visits:** \$35/visit

**On-Call Basis Visit:** \$50-\$125/visit

**Customized Plans** are available; cost based on care provided.

**Call for more information:**

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# Oral Care



**If you have difficulty accessing oral health care,  
Call 345-7545  
We are here to help you.**



**Oral Health  
For Healthy Living**

**[www.oralcare.ca](http://www.oralcare.ca)**

## Importance of Mouth Care

### Registered Dental Hygienist provides oral health maintenance for residents in long term care and retirement homes, and persons who have problems accessing community dental services.

As we age, people are less able to perform daily living tasks like oral care. This increases the risk of aspiration pneumonia, gum disease, tooth loss, and heart disease. It also can lead to systemic disease and problems controlling diabetes.

Social function can also be affected in that individuals are self-conscious of bad breath, stained teeth and tooth loss.

Medications and medical treatments affect the oral cavity through decreased salivary flow. This can result in an increased risk of tooth decay, mucositis, trouble eating, weight loss and difficulty speaking.

### Assessment

Every treatment plan will begin with a complete assessment of the client's medical and dental histories and a thorough oral examination.

The following are some of the services available:

- oral physiotherapy aid kit including items recommended for use in the treatment plan (brushes, interdental picks and brushes, tongue cleaner, denture cups and brushes, etc.
- intraoral photographs, if necessary
- non-invasive deplaquing/ denture care
- recommendations/care plan for treatment
- cancer screening
- referrals to other healthcare professionals

After an assessment is complete, there are several options available to maintain the oral health of an individual. However, care plans are

personalized, and custom plans may be recommended or preferred by the client/caregiver. They are focused on priorities such as disease prevention, quality of life, function, comfort and dignity.

There is no obligation to proceed with any service after an assessment is complete.

**Supplies are included in assessment and plan fees. This includes anti-microbial rinses, brushes, floss, replacement oral physiotherapy aids, etc.**

**Scaling, temporary restorations, caregiver/family instruction, nutritional analysis and other services are available but not included in fees. They will be charged out as per dental hygiene fee guide.**

**Services will be discussed with the client/family member prior to implementation.**